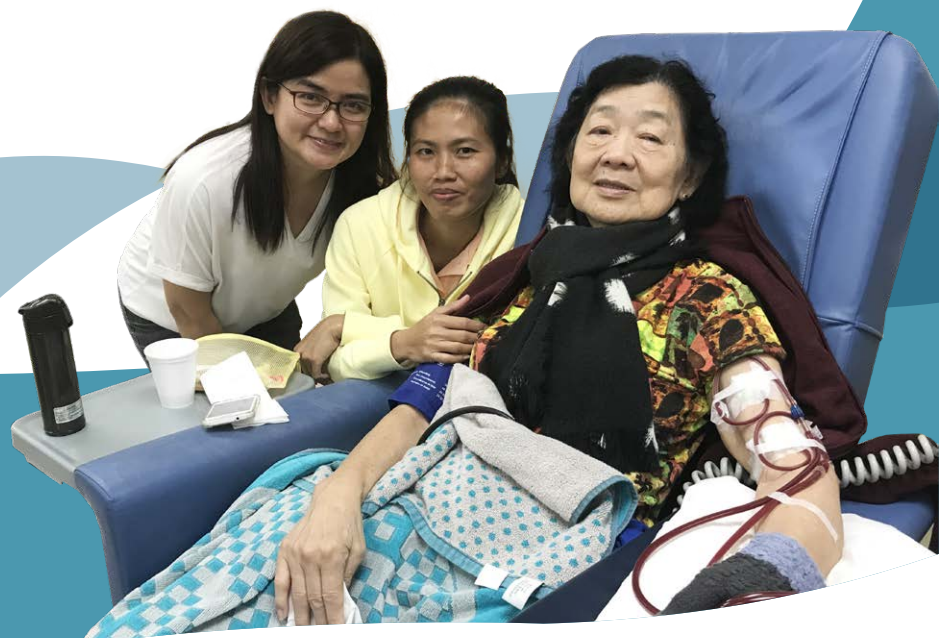


## Our Programmes



The Foundation's mission has remained simple and clear - To look after needy people with end-stage kidney disease through quality care, education and research. KDF also provides complementary programmes, such as medication and transport subsidies and the Adopt-a-Patient programme.



*KDF operates three  
haemodialysis  
centres with a combined  
patient  
capacity of 318 seats.*

### Exercise Programme

Patients with end-stage kidney disease have diminished physical functions and activity due to muscle wasting. They also have reduced visceral protein storage and physical function attributable to uremic myopathy and neuropathy<sup>5</sup>, which can be an influence to long term hospitalisation and mortality.

The exercise programme helps to improve overall fitness of our patients. Physical fitness is an essential component in helping patients overcome illness, maintaining physical health and cultivating discipline and perseverance.

### Subsidised Dialysis Programme

KDF operates three haemodialysis centres with a combined patient capacity of 318 seats. The centres are located in Bishan, Kreta Ayer and Ghim Moh. Since 1996, KDF has been serving underprivileged patients by providing subsidies of varying amounts, according to their financial situation based on MOH means-test.

### Portable Subsidy for Peritoneal Dialysis (PD)

The ongoing programme, launched in 2017, provides subsidies for routine blood tests and solution packages to needy patients, who choose to receive peritoneal dialysis in the comfort of their homes.

### Portable Subsidy Programme for Haemodialysis (HD)

For high dependency haemodialysis patients who are unable to receive treatment at KDF dialysis centres due to their complex medical conditions, this programme enables them to dialyse in a suitable medical environment while still being able to benefit from KDF subsidies.

### Subsidised Medication Programme

On top of dialysis treatments, patients also require medications to complement their treatment. With this programme, patients receive subsidies for the medications they require. Medications covered under this programme include:

Erythropoietin Injection (EPO), Calcijex, Venofer, Lanthanum Carbonate, Cinacalcet, Hepatitis Vaccination and Zemplar. Supplemental feeds for protein are also provided to patients at a highly subsidised rate.

### Adopt-A-Patient Programme

Patients who are unable to afford the co-payment portion of their treatment fees due to financial difficulties receive a second-tier subsidy from KDF through this programme. The programme has significantly reduced and, in many cases, eliminated the out-of-pocket expenses for these patients.

### Transport Subsidy Programme

The transport subsidy programme was launched in November 2016 to provide patients with a transport allowance for their journeys to and from the dialysis centres. Patients eligible for this programme are those with mobility issues or have moderate-to-high fall risk.

<sup>5</sup> An accumulation of urea and other waste products in the body, leading to muscle and nerve damage